

Li Lin Hally, LCSW

Serving Individuals, Teens, Families & Groups

Agreement and Informed Consent

General Standards

I received my Masters Degree in Social Work in 1997 from the University of Wisconsin-Madison. My training was heavily influenced by Psychodynamic (exploring the connection the present and the past), Cognitive Behavioral (exploring the connection between thought, emotion, and behavior), Interpersonal Theoretical Framework (Beliefs and behaviors in the context of relationships and social interactions), Dialectical Behavior Therapy (DBT) and Radically Open DBT, Solution Focused, Client Centered, and Mindfulness Based Therapies. I am committed to using approaches that have been shown to be effective. I stay current with published research by regularly attending professional workshops and trainings.

My approach is based on the belief that everyone is unique and has the capacity to develop the insight and skills to be their own best guide. My support consists in helping you to develop greater clarity, insight and direction to improve the quality of your life. I utilize an array of approaches based on my training to meet your unique life, wherever you are at the moment. It is important to know that therapy can be difficult and involves risks as well as benefits. There can be times when there is increased emotional discomfort or worsening of symptoms. One of the goals of therapy is to develop skills to tolerate this discomfort. However, while I strive to utilize evidence based practices, there is no guarantee of the success of treatment. You always retain the right to request changes in treatment or to refuse treatment. Please discuss any concerns with me at any time.

Confidentiality

I am a Licensed Clinical Social Worker in the State of Oregon. I abide by the laws and ethical principles that govern privilege and confidentiality. I will not disclose to anyone anything you tell me, without your written permission via a signed release of information form. There are a few exceptions to this standard:

1. It is legally required of us that I act to prevent physical harm to yourself or others when there is “clear and imminent” danger of that happening.
2. I am legally required to report cases of ongoing child, elder and disabled abuse.

Pearl District Office

1136 NW Hoyt St., Suite 230
Portland, OR 97209

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503-267-4786

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3. I will tell the police and courts about any crime committed by a client of mine, or against any person who works for me, or about any threat to commit such a crime.
4. I may have to release clinical information regarding you to insurance carriers as required for payment or review of a claim.
5. I may have to release your records when ordered to do so by court subpoena. However, I will discuss the details of privilege with you beforehand and request a written release from you if I judge this to be in your best interest.

Client Bill of Rights:

To expect that I have met the minimum qualifications of training and experience required by state law

To examine public records maintained by the Board and to have the Board confirm my credentials

To obtain a copy of the Code of Ethics

To report complaints to the Board

To be informed of the cost of services prior to receiving services

To be assured of privacy and confidentiality while receiving services as defined by rule and law, with the following exceptions:

1. The client or those persons legally responsible for the affairs of the client give consent to the disclosure
2. The client initiates legal action or makes a complaint against the licensed professional counselor to the Board; likewise, I am required to respond to an inquiry made by the board during the course of an investigation into my conduct
3. Imminent danger to the client or others is present
4. The intent to commit a crime or harmful act is communicated
5. The communication reveals that a minor is or is suspected to be the victim of a crime, abuse or neglect (similar mandates exist for suspected abuse toward the elderly, developmentally disabled adults, individuals with mental illness, or individuals confined to nursing facilities)

To be free from discrimination on the basis of race, religion, gender, sexual orientation, or other unlawful category while receiving services

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Safety Policy

Staff and client safety are of utmost importance. As such, any act of aggression to self, others or property while on site shall be considered a critical incident. A corrective action plan will be implemented to address the incident, which may involve a written apology, compensation for damages, taking legal action, and/or immediate termination of services. Please note that minors must be accompanied by a responsible adult at all times while on office premises and that it is the caregivers responsibility to monitor the actions and whereabouts of the minor at all times.

Fees

I am an in network provider for Moda/ODS, BCBS, Aetna, First Choice, Wellspring EAP and Health Net. I bill out of network for most other insurance companies. The insurance companies are always revising their in network providers, please check with me at the time of service to assess if there have been any changes.

Insurance

I will do my best to assist you with your insurance benefit. However, it is important for you to call and find out exactly what mental health services your insurance policy covers and if you are required to obtain preauthorization for services. Most insurance companies require you to authorize me to provide them with a clinical diagnosis and some require treatment plans, summaries or a copy of the entire record. Though insurance companies claim to maintain confidentiality, I do not have control over your information once it has been submitted to them.

Cancellation Policy

If you are late, you will lose that portion of time from your session and will be charged for the appointment. Cancellation of sessions should be avoided. If you need to cancel an individual therapy appointment, you will not be charged for the appointment if you notify me 24 hours in advance of the scheduled appointment. No show/no call or late cancelled sessions will be charged to you at half of the full fee (or, the full allowed amount as determined by your insurance plan, if applicable). Fees for missed sessions are not reimbursable by insurance companies. Cancellations can be phoned into the office any time.

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